

2022 HOLIDAY SCHEDULE

We will be closed on
the following days:

Good Friday
April 15, 2022

Memorial Day
May 30, 2022

Independence Day
July 4, 2022

Labor Day
September 5, 2022

Thanksgiving
November 24, 2022
November 25, 2022

Christmas Day
Obs. December 26, 2022

New Year's Day
Obs. January 2, 2023

Office Locations:

- Kernersville
- King
- Tanglewood
- Thomasville
- Winston-Salem

Contact our
Appointment
Coordinator:

Stacy (336) 397-5255

ApptCoordinator@digestivehealth.ws



Liver Cancer Risks

Each year in the United States, about 25,000 men and 11,000 women get liver cancer, and about 19,000 men and 9,000 women die from the disease. So, for Liver Cancer Awareness Month, we want to shed light on some behaviors and conditions that increase the risk of getting liver cancer.

Behaviors:

- Being overweight or having obesity
- Smoking cigarettes
- Drinking alcohol
- Eating foods that have aflatoxin (a fungus that can grow on foods, such as grains and nuts that have not been stored properly).

Conditions:

- Long-term hepatitis B virus or hepatitis C virus infection
- Cirrhosis (caused by hepatitis and/or alcohol use)
- Nonalcoholic fatty liver disease
- Diabetes
- Hemochromatosis

There are steps a patient can take to reduce the risk of developing liver cancer. They include:

- Keeping a healthy weight
- Getting vaccinated against Hepatitis B. *The Hepatitis B vaccine is recommended for all infants at birth and for adults who may be at increased risk.*

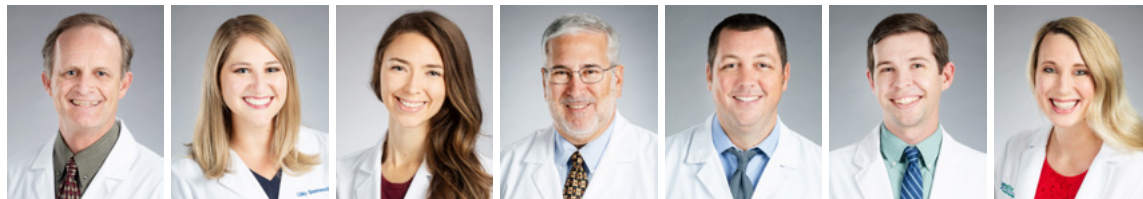
- Getting tested for Hepatitis C, and getting medical care if they have it.
- Not smoke, or quit if they do.
- Avoid drinking too much alcohol.

If you or a patient has additional questions about liver cancer, please read the blog at the link below, titled:

[Liver Cancer Symptoms and Risks](#)

You can also request a Zoom presentation with one of our physicians.

Meet our Advanced Practice Providers



We are proud of the team we have at Digestive Health Specialists. We are proud of the collaborative spirit that is reflected throughout the practice. The same can be said about our team of Physicians and Advanced Practice Providers.

Our physicians and APPs work together to provide the best care for all of our patients. We thank them for their exceptional work, and would like everyone to get to know them a little more. That is why we will be including introduction

videos on the APP profiles on our website throughout the month. You can visit their individual profiles at the following links:

- [Greg Barton, PA-C](#)
- [Libby Greenwood, PA-C](#)
- [Courtney Milleson, PA-C](#)
- [Pat Nasrallah, PA-C](#)
- [Austin Pope, PA-C](#)
- [K. Anthony Pleasant, PA-C](#)
- [Meredith Williams, PA-C](#)

Why are APPs so important in our practice? To answer your question, you can read the blog on our website titled:

[What is a Physician Assistant?](#)

We also encourage you to keep a lookout for more exciting news about our APPs in an upcoming newsletter.

Digestive

Health Specialists, P.A.

Caring for You, Close to Home.

2025 Frontis Plaza Blvd.
Suite 200 & 210
Winston-Salem, NC 27103

280 Broad St.
Suite F & G
Kernersville, NC 27284

434 Kirby Rd.
King, NC 27021

137 Mt. Calvary Rd.
Suite A
Thomasville, NC 27360

112 Kinderton Blvd.
Suite 100
Advance, NC 27006

Main Phone Line: 336-768-6211

Email: ApptCoordinator@digestivehealth.ws

Access the [Referring Physician's Satisfaction Survey here.](#)

 Colon Cancer Prevention Center

All of our physicians have privileges at: **NH Forsyth Medical Center** • **NH Kernersville Medical Center** • **NH Thomasville Medical Center**

Full-service clinics and ASC
licensed and AAAHC approved
endoscopy center.

GI services in one place!

On-site Procedures:

- Colonoscopy
- Endoscopy
- Esophageal Dilation
- Flexible Sigmoidoscopy
- Hemorrhoid Removal
- Wireless Capsule Endoscopy

Hospital Procedures

- ERCP
- EUS
- Liver Biopsy
- PEG Feeding Tubes

Our clinics treat the
following conditions:

- Acid Reflux
- Anemia
- Barrett's Esophagus
- Celiac Disease
- Colorectal Cancer
- Constipation
- Crohn's Disease
- Diarrhea
- GERD
- GI Bleeding
- Hemorrhoids
- Hepatitis
- Irritable Bowel Syndrome
- Liver Cirrhosis
- Ulcerative Colitis

And More

Thirsty Thursdays in September!



Career Opportunities at Digestive Health Specialists

If you know of someone who you feel would be a good fit or someone who may have lost their job during the pandemic, please share with them the ["Careers"](#) section of our website. We currently only have clinical positions.



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