

# WHAT'S NEW AT DHS?

## CARING FOR YOU, CLOSE TO HOME

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AUGUST 2022

### 2022 HOLIDAY SCHEDULE

We will be closed on  
the following days:

**Good Friday**  
April 15, 2022

**Memorial Day**  
May 30, 2022

**Independence Day**  
July 4, 2022

**Labor Day**  
September 5, 2022

**Thanksgiving**  
November 24, 2022  
November 25, 2022

**Christmas Day**  
Obs. December 26, 2022

**New Year's Day**  
Obs. January 2, 2023

Office Locations:

- Kernersville
- King
- Tanglewood
- Thomasville
- Winston-Salem

Contact our  
Appointment  
Coordinator:

Stacy (336) 397-5255

ApptCoordinator@digestivehealth.ws



## What is Gastroparesis?

Gastroparesis is a rare, chronic disorder. It means delayed stomach emptying without a blockage. In healthy people, when the stomach is functioning normally, contractions of the stomach help to crush ingested food and then propel the pulverized food into the small intestine where further digestion and absorption of nutrients occurs. When a person has gastroparesis, food slows or stops moving from your stomach to your small intestine, even though there is no blockage in the stomach or intestines.

Symptoms of gastroparesis include fullness after meals, pain, nausea vomiting, weight loss, belching, and bloating.

Certain foods like fatty foods, or carbonation may cause symptoms. The feeling of fullness after starting a meal is very common. Weight loss may also occur.

What causes gastroparesis? Diabetes is one of the more common causes. Gastroparesis may also occur after stomach surgery. Other causes include bacterial and viral infections.

Narcotics, antidepressants, and other medications which delay stomach emptying may also cause gastroparesis. There are a group of patients with gastroparesis where there is no obvious cause.

For more information on this disorder, visit the blog:

[What is gastroparesis?](#)

### Medications associated with impaired gastric emptying

- |   |   |
|---|---|
| <ul style="list-style-type: none"><li>• Narcotic</li><li>• Tricyclic antidepressants</li><li>• Calcium channel blockers</li><li>• Clonidine</li><li>• Dopamine agonists</li><li>• Lithium</li></ul> | <ul style="list-style-type: none"><li>• Nicotine</li><li>• Progesterone</li><li>• Marijuana (THC) significantly delays gastric emptying and should be avoided</li></ul> |
|---|---|



## Support for Teachers and Students

With the start of the new school year just around the corner, Digestive Health Specialists wanted to contribute and help teachers and students have the supplies they needed for a successful school year. It is why, from July 22<sup>nd</sup> through August 19<sup>th</sup>, we will have a...

### SCHOOL SUPPLY DRIVE!

These supplies will benefit local organizations. Donations can be dropped off at your closest Digestive Health Specialists location.



## Stokes County Schools

# Digestive

Health Specialists, P.A.

Caring for You, Close to Home.

2025 Frontis Plaza Blvd.  
Suite 200 & 210  
Winston-Salem, NC 27103

280 Broad St.  
Suite F & G  
Kernersville, NC 27284

434 Kirby Rd.  
King, NC 27021

137 Mt. Calvary Rd.  
Suite A  
Thomasville, NC 27360

112 Kinderton Blvd.  
Suite 100  
Advance, NC 27006

Main Phone Line: 336-768-6211

Email: [ApptCoordinator@digestivehealth.ws](mailto:ApptCoordinator@digestivehealth.ws)

Access the [Referring Physician's Satisfaction Survey here.](#)

 Colon Cancer Prevention Center

All of our physicians have privileges at: **NH Forsyth Medical Center • NH Kernersville Medical Center • NH Thomasville Medical Center**

Full-service clinics and ASC  
licensed and AAAHC approved  
endoscopy center.

GI services in one place!

On-site Procedures:

- Colonoscopy
- Endoscopy
- Esophageal Dilation
- Flexible Sigmoidoscopy
- Hemorrhoid Removal
- Wireless Capsule Endoscopy

Hospital Procedures

- ERCP
- EUS
- Liver Biopsy
- PEG Feeding Tubes

Our clinics treat the  
following conditions:

- Acid Reflux
- Anemia
- Barrett's Esophagus
- Celiac Disease
- Colorectal Cancer
- Constipation
- Crohn's Disease
- Diarrhea
- GERD
- GI Bleeding
- Hemorrhoids
- Hepatitis
- Irritable Bowel Syndrome
- Liver Cirrhosis
- Ulcerative Colitis

And More

## During the Summer Months

With the summer months quickly approaching, many people start to go on vacation; so do our providers. If you have an urgent scheduling need, or have difficulty getting a patient scheduled, we have resources to help. Please, do not hesitate to contact us directly at the information below:

**Stacy Wall**  
(336) 397-5255  
[ApptCoordinator@digestivehealth.ws](mailto:ApptCoordinator@digestivehealth.ws)

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**Yarelis Escobar**  
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[marketing@digestivehealth.ws](mailto:marketing@digestivehealth.ws)

*All Digestive Health Specialists locations will be closed on Monday, September 5<sup>th</sup> in observance of Labor Day.*

## Career Opportunities at Digestive Health Specialists

If you know of someone who you feel would be a good fit or someone who may have lost their job during the pandemic, please share with them the ["Careers"](#) section of our website. We currently only have clinical positions.

