

2022 HOLIDAY SCHEDULE

We will be closed on
the following days:

Good Friday
April 15, 2022

Memorial Day
May 30, 2022

Independence Day
July 4, 2022

Labor Day
September 5, 2022

Thanksgiving
November 24, 2022
November 25, 2022

Christmas Day
Obs. December 26, 2022

New Year's Day
Obs. January 2, 2023

Office Locations:

- Kernersville
- King
- Tanglewood
- Thomasville
- Winston-Salem

Contact our
Appointment
Coordinator:

Stacy (336) 397-5255

ApptCoordinator@digestivehealth.ws



Changes in Colon Cancer Screenings

Colon Cancer Awareness Month has arrived at Digestive Health Specialists; this year has flown by! Throughout 2021 there were a lot of changes made in the world of colon cancer. Since our focus this month is to increase awareness of colorectal cancer and the importance of being screened, we want to remind you of the changes and how this affects your patients.

Colon Cancer Screening Age Lowered to 45

The biggest and most exciting news about colon cancer in 2021 was that the starting age for colon cancer screenings was lowered, from 50 to 45 because colon cancer diagnosis has been increasing in the younger population. With this change, we hope to prevent colon cancer by removing polyps before they become cancerous; if there is a

colon cancer diagnosis, it will be at an earlier stage, where the survivability rate is much higher. Great news for patients!

Additionally, more and more insurances providers have changed their policies, now covering screening colonoscopies at 45 for "Average Risk Patients." How does this affect your patients? A patient may qualify to have a screening colonoscopy covered if they:

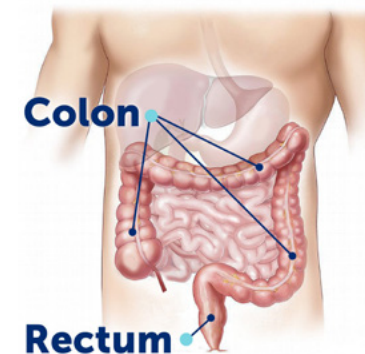
- Are 45 years of age or older
- Have no history of chronic GI issues or current GI symptoms
- Have no personal or family history of colon polyps or colon cancer
- Have not had a colonoscopy in the last 10 years.

We hope this review of the changes in colon cancer screening and diagnosis helps you guide your patients in the best option for them. If you have

any questions, feel free to reach out to us.

For additional information on colon cancer and the importance of a screening colonoscopy, please read Dr. Akdamar's article linked below:

[What You Should Know About Colon Cancer](#)



What Our Patients Have to Say

National Doctor's Day, on March 30th, is a day to honor physicians for the work they do for their patients, the communities they serve, and for society as a whole. We want to take this opportunity to thank your physicians and offices for all the work they do to help improve the health and lives of patients in our communities.

We also want to take this time to recognize the physicians in our practice and all the work they do on behalf of our patients. The best way to do that is through the words

of our patients themselves. It is why, starting March 30th and throughout the following weeks, we will be featuring our physicians and what their patients have to say about them.

In the meantime, we encourage you to get to know our physicians a little more on their profiles on our website; you can watch a video where they explain their care perspectives and read some of their articles in our blogs. We hope you take March 30th to thank your physicians as well!

- [Dr. Victor Sears](#)
- [Dr. William Bray](#)
- [Dr. Charles Katopis](#)
- [Dr. Nicholas Netherland](#)
- [Dr. David Ramsay](#)
- [Dr. Ingrid Gonzalez](#)
- [Dr. Christopher Jue](#)
- [Dr. Marcum Gillis](#)
- [Dr. Murat Akdamar](#)
- [Dr. Apsara Prasad](#)
- [Dr. Dhyan Rajan](#)
- [Dr. Ramya Vestal](#)
- [Dr. Tina Pakala](#)
- [Dr. Frank Senatore](#)

Digestive

Health Specialists, P.A.

Caring for You, Close to Home.

2025 Front Plaza Blvd.
Suite 200 & 210
Winston-Salem, NC 27103

280 Broad St.
Suite F & G
Kernersville, NC 27284

434 Kirby Rd.
King, NC 27021

137 Mt. Calvary Rd.
Suite A
Thomasville, NC 27360

112 Kinderton Blvd.
Suite 100
Advance, NC 27006

Main Phone Line: 336-768-6211

Email: ApptCoordinator@digestivehealth.ws

Access the [Referring Physician's Satisfaction Survey here.](#)

 Colon Cancer Prevention Center

All of our physicians have privileges at: **NH Forsyth Medical Center** • **NH Kernersville Medical Center** • **NH Thomasville Medical Center**

Full-service clinics and ASC
licensed and AAAHC approved
endoscopy center.

GI services in one place!

On-site Procedures:

- Colonoscopy
- Endoscopy
- Esophageal Dilation
- Flexible Sigmoidoscopy
- Hemorrhoid Removal
- Wireless Capsule Endoscopy

Hospital Procedures

- ERCP
- EUS
- Liver Biopsy
- PEG Feeding Tubes

Our clinics treat the
following conditions:

- Acid Reflux
- Anemia
- Barrett's Esophagus
- Celiac Disease
- Colorectal Cancer
- Constipation
- Crohn's Disease
- Diarrhea
- GERD
- GI Bleeding
- Hemorrhoids
- Hepatitis
- Irritable Bowel Syndrome
- Liver Cirrhosis
- Ulcerative Colitis

And More

GYRIG is March 26th

Get Your Rear in Gear is getting closer, and our team is excited. We have the official Digestive Health team t-shirt designed by one of our staff members. You can see the winning design at the link.

T-Shirt Contest

You can still join or donate to our team.

- Saturday, March 26, 2022

- Starting at 8:45 AM
- Location: Jamison Park
285 Meadowlark Dr.
Winston-Salem, NC 27106
- Registration Fee:
 - Adult: \$30
 - Youth: \$15
 - Kids' Fun Run: \$15
 - Colon Cancer Patients and Survivors: FREE

Team Digestive Health

Histotechnology Professionals Day!

March 10th is National Histotechnology Professionals Day. It is a day dedicated to honoring the important contributions of histotechnologists in healthcare.

Histotechnology focuses on the detection of abnormalities in tissue specimens following the process of cutting, mounting, and staining cells for viewing under a microscope by a

pathologist. Histotechs play a vital role in the accurate diagnosis and treatment of diseases.

At the Digestive Health Specialists Pathology Lab, Noreen Russell, one of our histotechnicians explains the process in the video linked below:

Inside Pathology

Facebook

Instagram

Twitter

LinkedIn

YouTube

Career Opportunities at Digestive Health Specialists

If you know of someone who you feel would be a good fit or someone who may have lost their job during the pandemic, please share with them the ["Careers"](#) section of our website. We have both clinical and administrative positions.

