

## THE VALUE OF COLONOSCOPY

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## **Colonoscopy: The Gold Standard**



The only screening that detects and prevents cancer

The only test recommended for people with risk factors such as personal history of polyps or cancer, family history of cancer, or inflammatory bowel disease.



Reduces the incidence of cancer by

89%

The best test for finding precancerous polyps<sup>34</sup>

Prevents colon cancer by removing polyps before they can turn into cancer

## When Should I Start Screening?

The American Cancer Society and the U.S. Preventative Services Task Force recommend average-risk people start screening at age



\*Depending on family history, screening may be recommended at age 40 or younger

## **How Often is Colonoscopy Recommended?**

Colonoscopy is **the only test recommended at 10-year intervals** if no polyps are found

Your gastroenterologist will recommend the interval of repeat colonoscopy based on findings during colonoscopy and surveillance guidelines



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6. U.S. Preventative Services Task Force. Recommendation: Colorectal Cancer Screening. https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/colorectal-cancer-screening. All links accessed February 28, 2022.