

2021 HOLIDAY SCHEDULE

We will be closed on
the following days:

Good Friday
April 15, 2022

Memorial Day
May 30, 2022

Independence Day
July 4, 2022

Labor Day
September 5, 2022

Thanksgiving
November 24, 2022
November 25, 2022

Christmas Day
Obs. December 26, 2022

New Year's Day
Obs. January 2, 2023

Office Locations:

- Kernersville
- King
- Tanglewood
- Thomasville
- Winston-Salem

Contact our
Appointment
Coordinator:

Stacy (336) 397-5255

ApptCoordinator@digestivehealth.ws



Black History Month: Black Health & Wellness

February is Black History Month. This month, in particular, is used to highlight the roles African Americans have played in shaping American History.

Since the theme for 2022 is Black Health and Wellness, we saw it fitting to recognize the significant achievements and contributions African Americans have made and are currently making to the practice of medicine. An example of this is Dr. Leonidas Harris Berry (1902-1995), a renowned gastroenterologist who fought for his place in the medical field in the 1940s. He also fought for equity and inclusivity for others in medicine and beyond. Learn more about these pioneering doctors and medical personnel in our blog:

[African American Influences in Medicine](#)

Another reason why this year's theme is important to us is that colorectal cancer is the third most diagnosed cancer in both African American men and women. African Americans are about 20% more likely to get colorectal cancer and about 40% more likely to die from it than other ethnic groups. Colon cancer also occurs at a higher rate below the age of 50.

Part of the problem is compliance with colon cancer screening protocols, with screening rates among African Americans at only 38%. Simply put, screening protocols are in place to detect and treat cancers early. Unfortunately, patients are not scheduling and showing up for these procedures; therefore, detection is late, and cancers are at more advanced stages where a curative option may no longer be available.

That is why at Digestive Health Specialists, we make a continued effort to increase knowledge of screening guidelines in the African American communities. With your help, we know we can increase African American patient screenings.

For more information, visit the link below:

[Colon Cancer Concerns in African American Community](#)

In memoriam for Black History Month, we wanted to remember the African American celebrities and public figures we have lost to colon cancer.

[African American Celebrity Deaths to Colon Cancer](#)

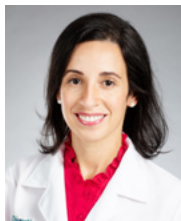
National Women Physicians Day

February 3rd is National Women Physicians Day and at Digestive Health Specialists we are proud to have 4 women physicians serving our patients.

We want to make sure our female patients are treated in a comfortable environment, and

if they prefer, have a female provider who understands their condition and their wish to live a healthier life. These wonderful physicians provide exceptional care to our patients and are specially equipped to help our female patients based

on their unique experiences and lifestyle. Learn more about these physicians in their interview videos, linked below their picture. You can also learn about what each of their care perspectives is in the video below:



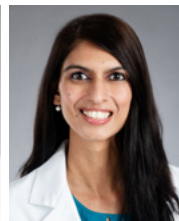
[Dr. Ingrid Gonzalez](#)



[Dr. Tina Pakala](#)



[Dr. Apsara Prasad](#)



[Dr. Ramya Vestal](#)



National Women Physicians Day

[What is important when treating patients?](#)

Digestive Health Specialists, P.A.

Caring for You, Close to Home.

2025 Frontis Plaza Blvd.
Suite 200 & 210
Winston-Salem, NC 27103

280 Broad St.
Suite F & G
Kernersville, NC 27284

434 Kirby Rd.
King, NC 27021

137 Mt. Calvary Rd.
Suite A
Thomasville, NC 27360

112 Kinderton Blvd.
Suite 100
Advance, NC 27006

Main Phone Line: 336-768-6211

Email: ApptCoordinator@digestivehealth.ws

Access the [Referring Physician's Satisfaction Survey here.](#)

 Colon Cancer Prevention Center

All of our physicians have privileges at: **NH Forsyth Medical Center • NH Kernersville Medical Center • NH Thomasville Medical Center**

Full-service clinics and ASC licensed and AAAHC approved endoscopy center.

GI services in one place!

On-site Procedures:

- Colonoscopy
- Endoscopy
- Esophageal Dilation
- Flexible Sigmoidoscopy
- Hemorrhoid Removal
- Wireless Capsule Endoscopy

Hospital Procedures

- ERCP
- EUS
- Liver Biopsy
- PEG Feeding Tubes

Our clinics treat the following conditions:

- Acid Reflux
- Anemia
- Barrett's Esophagus
- Celiac Disease
- Colorectal Cancer
- Constipation
- Crohn's Disease
- Diarrhea
- GERD
- GI Bleeding
- Hemorrhoids
- Hepatitis
- Irritable Bowel Syndrome
- Liver Cirrhosis
- Ulcerative Colitis

And More

Digestive Health Team Up and Running

The Digestive Health Team is up and running for Get Your Rear in Gear (GYRIG) Winston-Salem 2022.

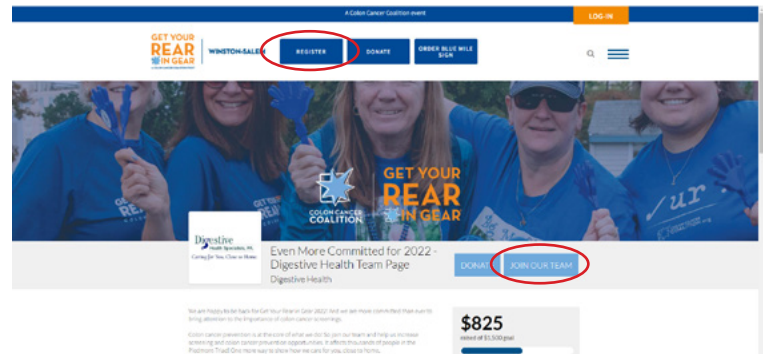
This year, GYRIG will be on **Saturday, March 26, 2022**. Additional details of the event are below:

- Location: Jamison Park
285 Meadowlark Dr.
Winston-Salem, NC 27106

- Registration Fee:
 - Adult: \$30
 - Youth: \$15
 - Kids' Fun Run: \$15
 - Colon Cancer Patients and Survivors: FREE

To join team Digestive Health, click on the link, and select where highlighted:

[Team Digestive Health](#)



Facebook

Instagram

Twitter

LinkedIn

YouTube

Career Opportunities at Digestive Health Specialists

If you know of someone who you feel would be a good fit or someone who may have lost their job during the pandemic, please share with them the ["Careers"](#) section of our website. We have both clinical and administrative positions.

