

WHAT'S NEW AT DHS?

CARING FOR YOU, CLOSE TO HOME

VOLUME 2021 ISSUE 37

JANUARY 2022

2021 HOLIDAY SCHEDULE

We will be closed on the following days:

Good Friday
April 15, 2022

Memorial Day
May 30, 2022

Independence Day
July 4, 2022

Labor Day
September 5, 2022

Thanksgiving
November 24, 2022
November 25, 2022

Christmas Day
Obs. December 26, 2022

New Year's Day
Obs. January 2, 2023

Office Locations:

- Kernersville
- King
- Tanglewood
- Thomasville
- Winston-Salem

Contact our
Appointment
Coordinator:

Stacy (336) 397-5255

ApptCoordinator@digestivehealth.ws



Simplifying Prep Instructions for Patients

One of the things that detain people from getting their screening colonoscopies is the prep. Many have faced bad experiences with the mixture they had to drink; others have heard bad experiences from family or friends. We want to make patients see the improvements in the prep process and that it is not as daunting as it may seem.

Our first step in helping patients was a video that details the prep process step-by-step, from start to finish. We send the link to these videos to patients a few days before their procedure; we want them to understand what they need to do, get everything they need, and be ready when the time comes to start the prep. The videos are

also available in the "Procedure Prep" section of our website, under "Patient Resources," or you can click the following link:

[Procedure Preps](#)

The prep videos are in both English and Spanish.

Our second step was creating a handout for patients that helps them fully understand what to expect when they come to our office for their procedure. It is given to patients when they schedule their exam and explains what happens at:

- Arrival
- After Check-In
- During the Procedure
- After the Procedure

To view or print these handouts, visit the links below:

- [Procedure: Start to Finish](#)

- [Spanish Procedure: Start to Finish](#)

The handouts are available in the "Procedure Prep" section of our website.

Our third and last step to help patients prepare for their procedure and prep was simplified prep instructions. These new instructions are more visual and easier to follow. The instructions will be available in English and Spanish and will be on the prep section of our website later this month.

With these new tools, our goal is that patients are fully informed and feel comfortable and confident when they walk through the doors for their procedure. In the long run, we know this will save lives.

Presenting Sponsors for Get Your Rear in Gear 2022

We are excited to be presenting sponsors for Get Your Rear in Gear (GYRIG) Winston-Salem 2022. GYRIG is the largest colon cancer-focused event series in the United States. In addition to raising funds to increase screening rates and awareness for colon cancer, Get Your Rear in Gear is also a call to take care of your body and make healthy choices.

The money raised from the 5K has an immediate impact on the local community because the funds are invested back to increase screening for colorectal cancer and raise awareness through public education projects.

This year, GYRIG will be on **Saturday, March 26, 2022.**

Additional details of the event are below:

- Location: Jamison Park
285 Meadowlark Dr.
Winston-Salem, NC 27106
- Registration Fee:
 - Adult: \$30
 - Youth: \$15
 - Kids' Fun Run: \$15

- Colon Cancer Patients and Survivors: FREE

To join team Digestive Health, click on the following link:

[Team Digestive Health](#)

If you cannot attend the event, you can also support by donating and/or fundraising.

YOUR DOLLARS AT WORK

<p>Patient Support</p>  <p>Reducing the financial burden of colorectal cancer for patients and their families</p>	<p>Screening</p>  <p>Removing barriers to screening for un- and under-insured people • increasing early detection of the disease</p>	<p>Education/Awareness</p>  <p>Developing educational programs for early detection, increased screening, and treatment of colorectal cancer</p>	<p>Research</p>  <p>Groundbreaking research to help fight and end colorectal cancer</p>
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Digestive Health Specialists, P.A.

Caring for You, Close to Home.

2025 Frontis Plaza Blvd.
Suite 200 & 210
Winston-Salem, NC 27103

280 Broad St.
Suite F & G
Kernersville, NC 27284

434 Kirby Rd.
King, NC 27021

137 Mt. Calvary Rd.
Suite A
Thomasville, NC 27360

112 Kinderton Blvd.
Suite 100
Advance, NC 27006

Main Phone Line: 336-768-6211

Email: ApptCoordinator@digestivehealth.ws

Access the [Referring Physician's Satisfaction Survey here.](#)

 Colon Cancer Prevention Center

All of our physicians have privileges at: **NH Forsyth Medical Center • NH Kernersville Medical Center • NH Thomasville Medical Center**

Full-service clinics and ASC licensed and AAAHC approved endoscopy center.

GI services in one place!

On-site Procedures:

- Colonoscopy
- Endoscopy
- Esophageal Dilation
- Flexible Sigmoidoscopy
- Hemorrhoid Removal
- Wireless Capsule Endoscopy

Hospital Procedures

- ERCP
- EUS
- Liver Biopsy
- PEG Feeding Tubes

Our clinics treat the following conditions:

- Acid Reflux
- Anemia
- Barrett's Esophagus
- Celiac Disease
- Colorectal Cancer
- Constipation
- Crohn's Disease
- Diarrhea
- GERD
- GI Bleeding
- Hemorrhoids
- Hepatitis
- Irritable Bowel Syndrome
- Liver Cirrhosis
- Ulcerative Colitis

And More

Toy Drive a Complete Success

Our Toy Drive was a complete success. With your help, and the help of the community and our staff, we donated hundreds of toys to the organizations we partnered with. You can see more on our social media pages, linked below.



[Facebook](#)

[Instagram](#)

[Twitter](#)

[LinkedIn](#)

[YouTube](#)

Career Opportunities at Digestive Health Specialists

If you know of someone who you feel would be a good fit or someone who may have lost their job during the pandemic, please share with them the ["Careers"](#) section of our website. We have both clinical and administrative positions.

