

WHAT'S NEW AT DHS?

CARING FOR YOU, CLOSE TO HOME

VOLUME 2021 ISSUE 34

OCTOBER 2021

2021 HOLIDAY SCHEDULE

We will be closed the following days:

Good Friday
April 2, 2021

Memorial Day
May 31, 2021

Independence Day
Obs. July 5, 2021

Labor Day
September 6, 2021

Thanksgiving
November 25, 2021
November 26, 2021

Christmas Day
Obs. December 24, 2021

New Year's Day
Obs. December 31, 2021

Office Locations:

- Kernersville
- King
- Tanglewood
- Thomasville
- Winston-Salem

Contact our
Appointment
Coordinator:

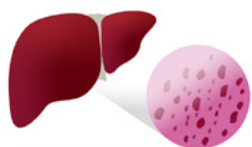
Stacy (336) 397-5255

ApptCoordinator@digestivehealth.ws



What is NAFLD?

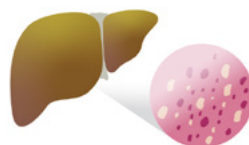
A healthy liver's functions are to filter blood, regulate sugar levels and blood clotting, in addition to hundreds of others. But, when there is fat in the liver, whether from alcohol consumption or not, it can affect these functions.



Healthy Liver
Filters blood, regulates sugar levels and blood clotting, and performs hundreds of other vital functions¹

Today we want to focus on Non-alcoholic Fatty Liver Disease or NAFLD. As the name suggests, this is when there is excess fat stored in the liver not caused by alcohol consumption. It is important to bring attention to this because it is very prevalent in the US. 30-40% of adults in the US suffer from this disease.

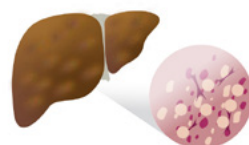
There are two types of NAFLD based on the severity of the condition.



Nonalcoholic Fatty Liver (NAFL)
Fat in the liver with little or no inflammation or cell damage, can progress to NASH¹

- **Nonalcoholic Fatty Liver (NAFL):**

It is when there is fat in the liver with little or no inflammation or cell damage. This condition can progress to NASH.



Nonalcoholic Steatohepatitis (NASH)
Fat in the liver with inflammation and cell damage, can lead to cirrhosis or liver cancer¹

- **Nonalcoholic Steatohepatitis (NASH):**

It is when there is fat in the liver with inflammation and cell damage. Reaching this point is severe because it can lead to cirrhosis or liver cancer.

For more information on the prevalence and risk factors of this condition, please visit our October blog at the link below:

[What is NAFLD?](#)

You can also download the two infographics below with more details.



[In English](#)



[In Spanish](#)

Meet Our Spanish-Speakers

Last month we mentioned the importance of having Spanish-speaking staff members and introduced you to a few of ours. This month, you can get to know each of them a little more. We asked them why they felt speaking Spanish was important their role at Digestive Health Specialists. Read their responses on our website at the link.



Dr. Frank Senatore



Dr. Ingrid Gonzalez



Elizabeth Wren
Certified Medical
Assistant



Martha Gomez
Patient
Scheduling



Yarelis Escobar
Marketing
Coordinator

[Reaching Out to Spanish-speakers](#)

Digestive Health Specialists, P.A.

Caring for You, Close to Home.

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280 Broad St.
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Kernersville, NC 27284

434 Kirby Rd.
King, NC 27021

137 Mt. Calvary Rd.
Suite A
Thomasville, NC 27360

112 Kinderton Blvd.
Suite 100
Advance, NC 27006

Main Phone Line: 336-768-6211

Email: ApptCoordinator@digestivehealth.ws

Access the [Referring Physician's Satisfaction Survey here.](#)

 Colon Cancer Prevention Center

All of our physicians have privileges at: **NH Forsyth Medical Center • NH Kernersville Medical Center • NH Thomasville Medical Center**

Full-service clinics and ASC licensed and AAAHC approved endoscopy center.

GI services in one place!

On-site Procedures:

- Colonoscopy
- Endoscopy
- Esophageal Dilation
- Flexible Sigmoidoscopy
- Hemorrhoid Removal
- Wireless Capsule Endoscopy

Hospital Procedures

- ERCP
- EUS
- Liver Biopsy
- PEG Feeding Tubes

Our clinics treat the following conditions:

- Acid Reflux
- Anemia
- Barrett's Esophagus
- Celiac Disease
- Colorectal Cancer
- Constipation
- Crohn's Disease
- Diarrhea
- GERD
- GI Bleeding
- Hemorrhoids
- Hepatitis
- Irritable Bowel Syndrome
- Liver Cirrhosis
- Ulcerative Colitis

And More

DHS Sports Month

Teamwork is essential at DHS, and as a reminder, throughout the month of September, our staff supported their favorite teams.

[Facebook](#) • [Instagram](#) • [Twitter](#)
[LinkedIn](#) • [YouTube](#)



Career Opportunities at Digestive Health Specialists

If you know of someone who you feel would be a good fit or someone who may have lost their job during the pandemic, please share with them the ["Careers"](#) section of our website. We have both clinical and administrative positions.

