

### 2021 HOLIDAY SCHEDULE

We will be closed  
the following days:

**Good Friday**  
April 2, 2021

**Memorial Day**  
May 31, 2021

**Independence Day**  
Obs. July 5, 2021

**Labor Day**  
September 6, 2021

**Thanksgiving**  
November 25, 2021  
November 26, 2021

**Christmas Day**  
Obs. December 24, 2021

**New Year's Day**  
Obs. December 31, 2021

Office Locations:

- Kernersville
- King
- Tanglewood
- Thomasville
- Winston-Salem

Contact our  
Appointment  
Coordinators:

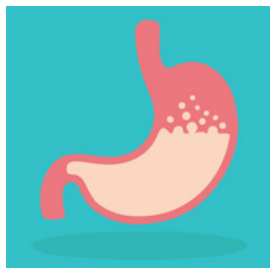
Marsha (336) 397-5232  
Stacy (336) 397-5255

ApptCoordinator@digestivehealth.ws



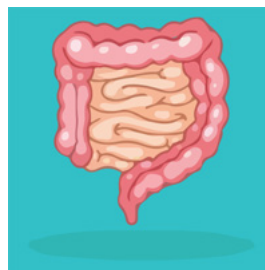
## What is Digestive Tract Paralysis?

Digestive Tract Paralysis, also known as DTP, is when the digestive tract stops functioning the way it is supposed to. This paralysis can take place in the stomach, small intestine, or colon. Since August is Gastroparesis Awareness Month, we thought to bring attention to gastroparesis, a DTP condition, and two other conditions.

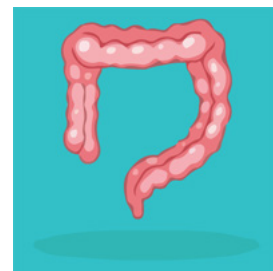


- **Gastroparesis:**  
It is a condition where the stomach empties too slowly. The food will sit for prolonged

periods, which can lead to other health problems.



- **Chronic Intestinal Pseudo-Obstruction (CIP)**  
This condition is characterized by abnormalities affecting the muscles or nerves involved in propelling food and other material through the digestive system. This process, called peristalsis, becomes altered and inefficient. This condition can affect both the small intestine as well as the colon.



- **Colonic Inertia**  
It is when stool remains stored in portions of the colon and does not progress adequately to the part of the colon (rectosigmoid) responsible for the propulsion and transfer out of the body.  
Learn more about these three DTP conditions, including the symptoms, in our August blog titled:

[Digestive Tract Paralysis Conditions](#)

## DHS Gives Back With Roc Solid Foundation

We were excited to team up with Roc Solid Foundation on Saturday, July 31, 2021, to bring joy and hope to a child in need. Being sponsors of the nonprofit's program, Play It Forward, means our physicians and staff volunteered their time to build a playset in the backyard of a child fighting cancer.

Todd Pittman, CEO at Digestive Health Specialists, commented, "I am proud of the DHS family for volunteering their time and energy to provide 4-year-old Lynix and her family happiness during their challenging times as she

battles Burkitt lymphoma/leukemia. Giving back to others and our community is truly the most gratifying experience one can feel. Thank you to all our providers and staff who came out to give back!"

We look forward to participating in additional projects that support our community in the Piedmont-Triad. Learn more about Play It Forward and view our event gallery at the link below:

[DHS Teams Up With Roc Solid Foundation](#)



# Digestive

Health Specialists, P.A.

Caring for You, Close to Home.

2025 Frontis Plaza Blvd.  
Suite 200 & 210  
Winston-Salem, NC 27103

280 Broad St.  
Suite F & G  
Kernersville, NC 27284

434 Kirby Rd.  
King, NC 27021

137 Mt. Calvary Rd.  
Suite A  
Thomasville, NC 27360

112 Kinderton Blvd.  
Suite 100  
Advance, NC 27006

Main Phone Line: 336-768-6211

Email: [ApptCoordinator@digestivehealth.ws](mailto:ApptCoordinator@digestivehealth.ws)

Access the [Referring Physician's Satisfaction Survey here.](#)

 Colon Cancer Prevention Center

All of our physicians have privileges at: **NH Forsyth Medical Center • NH Kernersville Medical Center • NH Thomasville Medical Center**

Full-service clinics and ASC  
licensed and AAAHC approved  
endoscopy center.

GI services in one place!

On-site Procedures:

- Colonoscopy
- Endoscopy
- Esophageal Dilation
- Flexible Sigmoidoscopy
- Hemorrhoid Removal
- Wireless Capsule Endoscopy

Hospital Procedures

- ERCP
- EUS
- Liver Biopsy
- PEG Feeding Tubes

Our clinics treat the  
following conditions:

- Acid Reflux
- Anemia
- Barrett's Esophagus
- Celiac Disease
- Colorectal Cancer
- Constipation
- Crohn's Disease
- Diarrhea
- GERD
- GI Bleeding
- Hemorrhoids
- Hepatitis
- Irritable Bowel Syndrome
- Liver Cirrhosis
- Ulcerative Colitis

And More

## Digestive Health Specialists Achieves AAAHC Reaccreditation

*Awarded Accreditation by*



ACCREDITATION ASSOCIATION  
*for* AMBULATORY HEALTH CARE, INC.

One of the characteristics of our practice we are most proud of is that we have surgical procedure centers at each of our locations. Patients have the opportunity to have their procedures done in-house. It allows for a better patient experience.

That is why we are pleased to announce that all 5 of our Ambulatory Surgical Centers have received reaccreditation from the Accreditation Association for Ambulatory

Health Care, Inc. (AAAHC). Accreditation distinguishes our procedure centers from other outpatient facilities through adherence to rigorous standards of care and safety. We met nationally recognized standards for providing quality health care. Learn more about the reaccreditation process at the link below:

[DHS Achieves AAAHC Reaccreditation](#)

## Career Opportunities at Digestive Health Specialists

If you know of someone who you feel would be a good fit or someone who may have lost their job during the pandemic, please share with them the ["Careers"](#) section of our website. We have both clinical and administrative positions.

