

2021 HOLIDAY SCHEDULE

We will be closed
the following days:

Good Friday
April 2, 2021

Memorial Day
May 31, 2021

Independence Day
Obs. July 5, 2021

Labor Day
September 6, 2021

Thanksgiving
November 25, 2021
November 26, 2021

Christmas Day
Obs. December 24, 2021

New Year's Day
Obs. December 31, 2021

Office Locations:

- Kernersville
- King
- Tanglewood
- Thomasville
- Winston-Salem

Contact our
Appointment
Coordinators:

Marsha (336) 397-5232
Stacy (336) 397-5255

ApptCoordinator@digestivehealth.ws



Unique Gastrointestinal Needs in Women

The anatomy of the digestive tract in men and women are indeed similar. The differences, though, affect a woman's gastrointestinal tract, resulting in GI conditions and symptoms that are more common in women than in men. At Digestive Health Specialists, we understand these differences.

That is why Dr. Tina Pakala wanted to share her knowledge with patients and practices and dedicated the May blog to answering very interesting questions about women's health.

In the blog, she answers the following questions:

- What are some GI issues that tend to be more common in females?

- Why do these GI issues tend to affect more women than men?
- How do menstrual cycles or menopause affect my GI issues?
- I have had sensitive stomach issues as far back as I can remember, starting in my childhood. Is it too late to see a GI provider?
- I have no issues related to my bowel; do I still need to have a colonoscopy?
- What are some things that I should keep in mind to keep my gut healthy?

Read her blog at the link:

[Women's Unique Gastrointestinal Needs](#)

In addition to the previously mentioned differences in treating GI conditions and symptoms in women versus men, our providers also understand the importance of having a specialized approach when treating women. It is why we have a Women's Care Team made up of 4 female physicians and 4 female physician assistants. They understand firsthand our female patients and believe that means providing care based on their unique experiences and lifestyles; in a confidential and caring manner. Meet our [Women's Care Team](#) below:



Team Digestive Health Specialists is Back 4 2021

We are happy to announce that Digestive Health Specialists is back with a team to support Get Your Rear in Gear (GYRIG) Winston-Salem in 2021.

→ **What is GYRIG?**
A 5K dedicated to increase the screening and prevention of colon cancer. The funds raised through this 5K stay within the community that hosts it. It affects thousands of people in the Piedmont!

→ **Who supports GYRIG?**
The [Colon Cancer Coalition](#) hosts the event and all those

who assist in the prevention of colon cancer support it. THAT'S US!

→ **When will GYRIG be held in 2021?**

On Saturday, May 15, 2021
9:00 AM & 10:00 AM

→ **Where will GYRIG be held in 2021?**

This year is special because there will be 2 ways to participate:

In Person: 285 Meadowlark
Dr. Winston-Salem, NC 27106
Virtual: ANYWHERE!

→ **Why?**

Colon cancer prevention is at the core of what we do!

Join our team:

[Team Digestive Health Specialists](#)

GET YOUR
REAR
IN GEAR
WINSTON - SALEM

Digestive

Health Specialists, P.A.

Caring for You, Close to Home.

2025 Frontis Plaza Blvd.
Suite 200 & 210
Winston-Salem, NC 27103

280 Broad St.
Suite F & G
Kernersville, NC 27284

434 Kirby Rd.
King, NC 27021

137 Mt. Calvary Rd.
Suite A
Thomasville, NC 27360

112 Kinderton Blvd.
Suite 100
Advance, NC 27006

Main Phone Line: 336-768-6211

Email: ApptCoordinator@digestivehealth.ws

Access the [Referring Physician's Satisfaction Survey here.](#)

 Colon Cancer Prevention Center

All of our physicians have privileges at: **NH Forsyth Medical Center • NH Kernersville Medical Center • NH Thomasville Medical Center**

Full-service clinics and ASC
licensed and AAAHC approved
endoscopy center.

GI services in one place!

On-site Procedures:

- Colonoscopy
- Endoscopy
- Esophageal Dilation
- Flexible Sigmoidoscopy
- Hemorrhoid Removal
- Wireless Capsule Endoscopy

Hospital Procedures

- ERCP
- EUS
- Liver Biopsy
- PEG Feeding Tubes

Our clinics treat the
following conditions:

- Acid Reflux
- Anemia
- Barrett's Esophagus
- Celiac Disease
- Colorectal Cancer
- Constipation
- Crohn's Disease
- Diarrhea
- GERD
- GI Bleeding
- Hemorrhoids
- Hepatitis
- Irritable Bowel Syndrome
- Liver Cirrhosis
- Ulcerative Colitis

And More

Colonoscopy vs Cologuard

Have you ever been with a patient and were debating whether to recommend a colonoscopy or Cologuard? If so, you are not alone. But, what are the benefits and disadvantages of Cologuard? Why do gastroenterologist still see colonoscopies as the Gold Standard? If you are interested in learning the answers to these questions, our providers would be happy to help. Contact us at marketing@digestivehealth.ws with a good day to connect with your providers or you can fill out the form below:

Provider Appointment Schedule

*All Digestive Health Specialists locations will be closed on Monday, May 31 2021,
in observance of Memorial Day.*

Career Opportunities at Digestive Health Specialists

If you know of someone who you feel would be a good fit or someone who may have lost their job during the pandemic, please share with them the ["Careers"](#) section of our website. We have both clinical and administrative positions.

