

WHAT'S NEW AT DHS?

CARING FOR YOU, CLOSE TO HOME

VOLUME 2021 ISSUE 25

JANUARY 2021

2021 HOLIDAY SCHEDULE

We will be closed
the following days:

Good Friday
April 2, 2021

Memorial Day
May 31, 2021

Independence Day
Obs. July 5, 2021

Labor Day
September 6, 2021

Thanksgiving
November 25, 2021
November 26, 2021

Christmas Day
Obs. December 24, 2021

New Year's Day
Obs. December 31, 2021

Office Locations:

- Tanglewood
- Kernersville
- King
- Thomasville
- Winston-Salem

Contact our
Appointment
Coordinators:

Marsha (336) 397-5232
Stacy (336) 397-5255

ApptCoordinator@digestivehealth.ws



Referring Practice Visits Questionnaire

The end of 2020 made us reflect on all the changes this unprecedented year brought. One of the changes was face-to-face contact with friends and family. It also affected our interaction with referring practices. In the past, we have

visited referring practices in February. With all the uncertainty still looming, we would like your feedback. What is the status of your office in regards to non-patient, in-person visits? If you have a moment, please take the 4 question

survey at the link. It will help us provide you with the most valuable information in your preferred method of delivery.

[2021 Referring Practice Questionnaire](#)

Colon Cancer Awareness Month Research

As a practice, we are firm believers in education. Our goal is to provide pertinent, informative, practical information to both the general and the medical community. With National Colon Cancer Awareness Month approaching, we realize that there might

still be questions regarding this condition that have gone unanswered. We want to resolve that issue. That is why we are requesting that you submit your questions about colon cancer. You can email any questions you may have to:
marketing@digestivehealth.ws

or on the form at the link below:

[Submit Colon Cancer Questions Here](#)

Our providers are looking forward to answering these questions throughout March.

Colorectal Cancer Rates Rise in Younger Adults

We want to bring attention to young-onset colon cancer because it has been steadily rising for the last two decades. What is young-onset colon cancer? It is colon cancer diagnosed in patients who are under 50 years of age. It is tragic because colon cancer screening exams currently begin at age 50. So the patients with young-onset colon cancer were diagnosed before they had their first screening colonoscopy.

It is why, as of March 2020, the American Cancer Society changed its recommendation for colon cancer screening exams to begin at age 45 instead of 50. The goal is to reduce the amount

of colon cancer incidences in the young age group and, if colon cancer is detected, to catch it at an earlier stage. It increases the patient's survival rate.

We want to do our part in highlighting this disturbing trend. That is why Margaret Bozdech, PA-C, dedicated the January blog to colon cancer in young adults. In her blog, she explains why this trend exists. She also gives more detail on the current screening guidelines for colon cancer. To read her blog, click on the link:

[Young-Onset Colon Cancer Is On the Rise](#)

The link to the article published in March 2020, by the American Cancer Society, on the rise of young-onset colon cancer, is below.

[Colorectal Cancer Rates Rise in Young Adults](#)

We hope that more attention brought on young-onset colon cancer will help save more lives. Now, 10% of patients diagnosed with colon cancer are under the age of 50, and unfortunately, health insurances have yet to catch up.

Digestive

Health Specialists, P.A.

Caring for You, Close to Home.

2025 Frontis Plaza Blvd.
Suite 200 & 210
Winston-Salem, NC 27103

280 Broad St.
Suite F & G
Kernersville, NC 27284

434 Kirby Rd.
King, NC 27021

137 Mt. Calvary Rd.
Suite A
Thomasville, NC 27360

112 Kinderton Blvd.
Suite 100
Advance, NC 27006

Main Phone Line: 336-768-6211

Email: ApptCoordinator@digestivehealth.ws

Access the [Referring Physician's Satisfaction Survey here.](#)

 Colon Cancer Prevention Center

We see clinic patients and perform procedures in all our locations – all GI services in one place, no traveling needed for our patients!

Procedures:

- Colonoscopy
- Endoscopy
- Flexible Sigmoidoscopy
- Liver Biopsy
- PEG Feeding Tubes
- EUS
- ERCP
- Esophageal Dilation
- Hemorrhoid Removal
- Wireless Capsule Endoscopy

Our clinics treat the following conditions:

- Acid Reflux
- Anemia
- Barrett's Esophagus
- Celiac Disease
- Colorectal Cancer
- Constipation
- Crohn's Disease
- Diarrhea
- GERD
- GI Bleeding
- Hemorrhoids
- Hepatitis
- Irritable Bowel Syndrome
- Liver Cirrhosis
- Ulcerative Colitis

And More



Dr. Rajan Selected As Top Doc

We are happy to announce that Dr. Rajan was selected as a top doctor through TopDoc. Findatopdoc.com is a digital health information company that helps connect patients to local physicians and specialists, by providing the wherewithal to make informed decisions for patients and their families. Read the announcement and learn more about Dr. Rajan at the link.

[Dr. Dhyen Rajan Selected as a Top Doc](#)

Career Opportunities at Digestive Health Specialists

As Digestive Health Specialists continues to grow, we are looking for positive and caring personnel to join our team. We have both clinical and non-clinical positions available. If you know of someone who you feel would be a good fit or someone who may have lost their job during the pandemic, please share with them the ["Careers"](#) section of our website.

