

2020 HOLIDAY SCHEDULE

We will be closed
the following days:

Good Friday
April 10, 2020

Memorial Day
May 25, 2020

Independence Day
July 3, 2020

Labor Day
September 7, 2020

Thanksgiving
November 26, 2020
November 27, 2020

Christmas Day
December 25, 2020

New Year's Day
January 1, 2020

Serving the areas of:

- Advance
- Kernersville
- King
- Thomasville
- Winston-Salem

Contact our
Appointment
Coordinators:
Marsha (336) 397-5232
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What is Gastroparesis?

One of the least know GI conditions that gastroenterologist treat is gastroparesis, or also called delayed stomach emptying. In gastroparesis, the things people eat and drink don't move through their stomach as quickly as they should. This causes a sensation of fullness and nausea after eating.

The stomach and small intestine move in coordination to start the digestion process. Food is churned into the stomach and then moved into the small bowel for further digestion and breakdown by enzymes. In gastroparesis, the stomach cannot

successfully move the food into the small bowel. This causes a feeling of being too full and can lead to vomiting. Some additional signs of gastroparesis are nausea, bloating, and bad heartburn.

Gastroparesis has many causes but is most often associated with diabetes mellitus. Uncontrolled blood sugars can cause damage to nerves, leading to the skin burning some people with diabetes experience. The same process can occur to the nerves that control the stomach, causing gastroparesis.

There is no cure for gastroparesis. Treatment consists

of diet changes and keeping good control of blood sugars. Some medications can be used to help the stomach empty more quickly, but they are associated with problematic side effects.

This information is from an article by Margaret Bozdech, PA-C for Gastroparesis Awareness Month. Learn more about Margaret in the link:

**Margaret Bozdech,
PA-C.**

Now Hiring!

During the pandemic, many companies, especially medical clinics, had to furlough some of their employees. And unfortunately, some could not bring them back to the office. We know you are worried about the wellbeing of these employees and would love to give them new opportunities. At Digestive Health Specialists, we have 3 open positions in our Winston-Salem office. See the career options we offer at: <https://digestivehealth.ws/careers/>

Clinic Nurse RN

We are currently recruiting for a full-time Clinic Nurse RN to join our Winston Salem team. Work collaboratively with the physicians, Physician Assistants and other members of the health care team to determine patient needs.

Requirements:

- Current BLS Preferred
- Current NCRN license or Compact State Nursing License valid in NC

More information:
Clinic RN Job Details

CMA or LPN - Clinic

We are currently recruiting for a full-time CMA or LPN to join our clinic team in Winston Salem, NC. To include patient care in clinic setting, to include vital signs, patient monitoring, accurate data collection and data entry.

Requirements:

- Current BLS Preferred
- AAMA Certification Required for CMA

More information:
CMA or LPN Job Details

Certified Medical Assistant

We are currently recruiting for 2 full-time CMA to join our team. They need to facilitate quality patient care and assist professional and/or nursing staff in performing Endoscopy procedures.

Requirements:

- AAMA Certification Required for CMA

More information:
CMA Job Details

Digestive

Health Specialists, P.A.

Caring for You, Close to Home.

2025 Frontis Plaza Blvd. Suite 200 & 210
Winston-Salem, NC 27103

280 Broad St. Suite F & G
Kernersville, NC 27284

434 Kirby Rd.
King, NC 27021

137 Mt. Calvary Rd. Suite A
Thomasville, NC 27360

112 Kinderton Blvd. Suite 100
Advance, NC 27006

Main Phone Line: 336-768-6211

Email: ApptCoordinator@digestivehealth.ws

Access the [Referring Physician's Satisfaction Survey here.](#)

 Colon Cancer Prevention Center

We see clinic patients and perform procedures in all our locations – all GI services in one place, no traveling needed for our patients!

Procedures:

- Colonoscopy
- Endoscopy
- Flexible Sigmoidoscopy
- PEG
- EUS
- ERCP
- Esophageal Dilation
- Hemorrhoid Removal
- Push Enteroscopy
- Wireless Capsule Endoscopy

Our clinics treat the following conditions:

- Acid Reflux
 - Barrett's Esophagus
 - Celiac Disease
 - Colorectal Cancer
 - Constipation
 - Crohn's Disease
 - Diarrhea
 - GERD
 - Hemorrhoids
 - Hepatitis
 - Irritable Bowel Syndrome
 - Liver Cirrhosis
 - Ulcerative Colitis
- And More

New Providers Coming to DHS!

We are happy to announce that we will be getting two new physicians at DHS. They will begin seeing patients in September and their schedules are open for appointments. Next month we will provide you with their profile and picture.

- **Tina Pakala, MD:**

She will be seeing patients in King and Kernersville. We are happy to be able to bring a female provider to King for any patients who prefer to be seen by a female doctor.

- **Frank Senatore, MD:**

He will be seeing patients in Thomasville and Advance. Dr. Senatore is fluent in Spanish and we are happy to be able to provide this additional care to Spanish-speaking patients.

*As a reminder, we will be closed on Monday, September 7, 2020
in observance of Labor Day.*

Referring Physician Satisfaction Survey

At the core of our success as a practice are the relationships we have developed, with the practices that refer patients to us. We want to make sure we take care of you and your patients and promptly provide you with the information you need. The best way we can learn about what we are doing well and where there is room for improvement is by getting your feedback.

Feel free to let us know what you think in our:

[Referring Physician Satisfaction Survey.](#)