

2020 HOLIDAY SCHEDULE

We will be closed the following days:

Good Friday
April 20, 2020

Memorial Day
May 25, 2020

Independence Day
July 3, 2020

Labor Day
September 7, 2020

Thanksgiving
November 26, 2020
November 27, 2020

Christmas Day
December 25, 2020

New Year's Day
January 1, 2020

Serving the areas of:

- Advance
- Kernersville
- King
- Thomasville
- Winston-Salem

Contact our
Appointment
Coordinators:
Marsha (336) 397-5232

Stacy (336) 397-5255

ApptCoordinator@digestivehealth.ws



VOLUME 2019 ISSUE 14

FEBRUARY 2020

Black History Month and Colon Cancer

Since 1976, February has been Black History Month. It is dedicated to recognize and celebrate the achievements and culture of African Americans.

As a gastroenterology practice, it is our responsibility to help improve the digestive health of all communities. This is why we want to highlight a worrying condition within the African American community. Did you know that Colon Cancer is more prevalent in the African American community? African Americans have a higher chance of being diagnosed at a later stage and with a higher mortality rate. Because of this, many gastroenterologists will

recommend starting screenings at age 45 instead of 50[#].

Regrettably, there are a couple of obstacles that hinder those in the African American community from getting screened.

• Cultural Barriers

- ◇ Mistrust of the medical community
- ◇ High burden of cancer risk factors such as diet, exercise, obesity, and underlying health conditions
- ◇ Reliance on leaders/layerspersons in the community for trusted information

• Socioeconomic Barriers

- ◇ Low income
- ◇ Access to transportation
- ◇ Lack of health insurance

- ◇ Lack of medical literacy
- ◇ Access to care, especially those living in rural areas
- ◇ Discrimination within the health care system

So, for Black History Month and every day, we want to make sure the African American community is informed and educated on their healthcare needs. For more information on Black History Month, the African American community's battle with colon cancer, and how one of our staff members feel about this matter, read our blog titled

[Black History Month & Colon Cancer](#)

* <https://coloncancercoalition.org/get-educated/minority-colorectal-cancer/>

Before having a procedure, confirm that this procedure is covered by your health insurance policy and/or Medicare.

Get Your Rear in Gear is Back!

March and Colon Cancer Awareness Month are only a month away. Among the many activities we will have online and in the office, we will also be participating in Get Your Rear in Gear.

What is Get Your Rear in Gear? It is a 5K hosted by the Colon Cancer Coalition dedicated to increase screening and prevention of colon cancer. The funds raised for this 5K stay within the community.

This affects thousands of people in the Piedmont!

Every year, the Digestive Health Specialists' providers and staff participate as sponsors, with a team during the event, and through fundraising. We encourage you and your team members to join us! You can register as a runner or walker for \$28 or donate to the cause. And if you have patients, family members, and friends who have been affected by colon cancer,

this year, **colon cancer survivors register for FREE!**

Join the DHS Team and take a stand against colon cancer.

DHS TEAM

When?

March 28, 2020

8AM – 10AM

Online registration closes on Wednesday, March 25th.

Where?

Quarry Park

1790 Quarry Rd.

Winston-Salem, NC 27107.

Digestive

Health Specialists, P.A.

Caring for You, Close to Home.

2025 Frontis Plaza Blvd.
Suite 200 & 210
Winston-Salem, NC 27103

280 Broad St.
Suite F & G
Kernersville, NC 27284

434 Kirby Rd.
King, NC 27021

137 Mt. Calvary Rd.
Suite A
Thomasville, NC 27360

112 Kinderton Blvd.
Suite 100
Advance, NC 27006

Main Phone Line: 336-768-6211

E-mail: ApptCoordinator@digestivehealth.ws

Access the [Referring Physician's Satisfaction Survey here.](#)

 Colon Cancer Prevention Center

We see clinic patients and perform procedures in all our locations – all GI services in one place, no traveling needed for our patients!

Procedures:

- Colonoscopy
- Endoscopy
- Flexible Sigmoidoscopy
- PEG
- EUS
- ERCP
- Esophageal Dilation
- Hemorrhoid Removal
- Push Enteroscopy
- Wireless Capsule Endoscopy

Our clinics treat the following conditions:

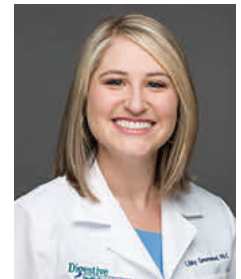
- Acid Reflux
 - Barrett's Esophagus
 - Celiac Disease
 - Colorectal Cancer
 - Constipation
 - Crohn's Disease
 - Diarrhea
 - GERD
 - Hemorrhoids
 - Hepatitis
 - Irritable Bowel Syndrome
 - Liver Cirrhosis
 - Ulcerative Colitis
- And More

Provider February Anniversaries!

We celebrate our providers for their many years of service to Digestive Health Specialists, PA.



Christopher Jue, MD
7 YEARS



Libby Greenwood, PA-C
2 YEARS

Congratulations Dr. Ramsay



We are happy to announce that Dr. David Ramsay has been inducted as a fellow to the American Gastroenterological Association (AGA).

The fellowship program of the AGA honors superior professional achievement in clinical, private, or academic practice and in basic or clinical research. Fellowships are awarded to AGA members whose accomplishments and contributions demonstrate a personal commitment to the field of gastroenterology.

Dr. Ramsay started at Digestive

Health Specialists, PA in 2012. He obtained his medical degree from East Carolina University and completed his residency and gastroenterologist fellowship at George Washington University Medical Center in Washington DC. His clinical interests include reflux disease and esophageal disorders, inflammatory bowel disease, irritable bowel syndrome, liver disease, and colorectal cancer prevention.

For more information on the AGA and Dr. Ramsay's fellowship, visit the link titled:

[Doctor David Ramsay Named Fellow of the AGA](#)

