

2019 HOLIDAY SCHEDULE

Digestive Health Specialists, PA will be closed on the following days in 2019.

Good Friday
April 19, 2019

Memorial Day
May 27, 2019

Independence Day
July 4, 2019
July 5, 2019

Labor Day
September 2, 2019

Thanksgiving
November 28, 2019
November 29, 2019

Christmas Day
December 24, 2019
- Closing 1PM
December 25, 2019
December 26, 2019

New Year's Day
January 1, 2020

Serving the areas of:

- Winston-Salem
- Kernersville
- Advance
- Thomasville
- King

Contact our
Appointment
Coordinators:
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What's New at DHS?

CARING FOR YOU, CLOSE TO HOME

VOLUME 2019 ISSUE 10

OCTOBER 2019

Hispanic Heritage Month & Colon Cancer

Last month we discussed the liver disease and the Hispanic community. This month we want to cover another area of concern in the Hispanic community, cancer. It is the leading cause of death among Hispanics overall. For colorectal cancer specifically, the estimated death rate is 11% in men and 9% in women*. **We would like to discuss 3 reasons why this is an area of concern and what can be done to help the Hispanic community.**

1) Two of the factors that increase the risk of colorectal cancer disproportionately affect the Hispanic community. These are excess body weight and type II diabetes.

2) There are many subgroups within the Hispanic community and this can impact risk factors. For example, Hispanics as a whole have lower rates of colorectal cancer incidences. But, among island Puerto Rican men the incidence rate was 18% higher than those for non-Hispanic whites. These differences should be taken into consideration when they seek treatment.

3) There is a startling difference between US-born Hispanics, long-term residents, and those foreign-born who have lived in the US for less than 15 years. The major contributor is acculturation.

Acculturation is the adoption of attitudes, values,

customs, beliefs, and behaviors of the host country. This can influence health both positively and negatively. Although they may have improved access to health care and preventive services, they also adopt unhealthy behaviors such as smoking, excessive alcohol consumption, and lower diet quality#. These unhealthy behaviors contribute to the increase in colorectal cancer incidences as well as other health issues.

There is good news. Read the rest of the article at the link below:

[The Hispanic Community and Colon Cancer.](#)

*<https://www.cancer.org/latest-news/report-cancer-risk-varies-widely-among-hispanic-americans.html>

#<https://www.cancer.org/content/dam/cancer-org/research/cancer-facts-and-statistics/cancer-facts-and-figures-for-hispanics-and-latinos/cancer-facts-and-figures-for-hispanics-and-latinos-2018-2020.pdf>

For Physician Assistants Week

**Are you the nurse?
What is a PA?
When will I see the doctor?**

These are common questions we hear from our patients. Because we are sure it is a common question across the board, we tasked one of our Physician Assistants to help our patients understand

the difference between a Physician, a Physician Assistant, and a Nurse Practitioner.

Since 10/6 - 10/12 is Physician Assistant Week, it is the perfect time to help patients see the difference. Read how Margaret Bozdech, PA-C explains this in her blog: [What is a physician assistant?](#)

Meet our PA's below:

[Stevi Barret](#)
[Gregory Barton](#)
[Margaret Bozdech](#)
[Elizabeth Greenwood](#)
[Ashley Long](#)
[Spencer Martin](#)
[Anthony Pleasant](#)
[Justine Unruh](#)
[Meredith Williams](#)

Digestive

Health Specialists, P.A.

Caring for You, Close to Home.

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Access the [Referring Physician's Satisfaction Survey here.](#)

 Colon Cancer Prevention Center

*We see clinic patients
and perform procedures
in all our locations – all
GI services in one place,
no traveling needed for
our patients!*

**We perform the
following procedures in
our procedure centers:**

- Colonoscopy
- Endoscopy
- Flexible Sigmoidoscopy
- Push Enteroscopy
- Wireless Capsule
Endoscopy

**Our clinics treat the
following conditions:**

- Acid Reflux
- Barrett's Esophagus
- Celiac Disease
- Colorectal Cancer
- Constipation
- Crohn's Disease
- Diarrhea
- GERD
- Hemorrhoid/
Hemorrhoid Bandings
- Hepatitis
- Irritable Bowel
Syndrome
- Liver Cirrhosis
- Ulcerative Colitis
- And More

Referring Physician Satisfaction

We have enjoyed reading your comments to our satisfaction survey. Thank you for those who have participated. If you have not had the opportunity to send us your comments and opinions, there is still opportunity. This survey will be ongoing. To participate, click on the following link:

[Referring Physician Satisfaction Survey](#)

You will also see it above under "Access the Referring Physician's Satisfaction Survey here."

GET TO KNOW

At Digestive Health Specialists, PA we have providers and physician's assistants available to help your patients with their digestive needs. To feel more at home with who we are, we want to introduce you to each of them.



Christopher Jue, MD
Advance & Kernersville

Dr. Jue has been practicing gastroenterology since 2012 and is interested in liver disease, IBD, GERD, hepatobiliary, anorectal disease, esophageal motility, and colorectal cancer prevention.

Originally from Rhode Island, he obtained his medical degree from Brown University Alpert School of Medicine and his gastroenterology fellowship from Albert Einstein College in NY.



Anthony Pleasant, PA-C
Kernersville & Winston-Salem

Anthony Pleasant is one of our excellent physician assistants at Digestive Health Specialists, PA. He has been with us since 2013.

He earned his Bachelor of Science degree from the University of North Carolina at Wilmington and completed his Master of Medical Science in Physician Assistant Studies at Wake University Baptist Medical Center

To learn more about Dr. Jue, Anthony, or any of our other providers, visit our website under "[Meet Our Providers.](#)"