

2019 HOLIDAY SCHEDULE

Digestive Health Specialists, PA will be closed on the following days in 2019.

Good Friday
April 19, 2019

Memorial Day
May 27, 2019

Independence Day
July 4, 2019
July 5, 2019

Labor Day
September 2, 2019

Thanksgiving
November 28, 2019
November 29, 2019

Christmas Day
December 25, 2019

New Year's Day
January 1, 2020

Serving the areas of:

- Winston-Salem
- Kernersville
- Advance
- Thomasville
- King

Contact our Appointment Coordinators:

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What's New at DHS?

CARING FOR YOU, CLOSE TO HOME

VOLUME 2019 ISSUE 7

JULY 2019

Website updates for your benefit

If you visit our website on any regular basis, you have probably noted a few changes we have made. These changes have been to improve user experience on our website. Some of these include the Google map embedded in the page of each of our locations, the HealthGrades rating on our provider pages, and tweaks here and there to make our website more user-friendly.

To continue to provide pertinent information to our users, Digestive Health Specialists, PA has also created and will create new pages and website sections; these are listed below with a small description of what they contain.

Under 50: Not all GI disorders affect those over 50. Various conditions affect

young adults, and some diseases are even diagnosed by age 30, such as Crohn's Disease. Our Under 50 page highlights the most common GI disorders that affect this age group and offers practical advice on how to keep the digestive system healthy in the meantime. You can visit this page under Our Services.

Pathology Lab: Did you know Digestive Health Specialists, PA has its own pathology lab? Learn more about pathology and about our pathologist, Dr. Jerald Winter, in our Pathology Laboratory page under the About Us section.

This page will become available by the end of July.

Leadership Team: Another addition to our About Us section is the addition of our Leadership Team. With the

start of Craig Penno as CEO, Digestive Health Specialists, PA saw the importance for our referring physicians and our patients to learn a little more about the team that directs and shapes DHS. *This page will become available by the end of July.*

Referring Physicians:

A page that we hope you visit regularly is our Referring Physicians page. We have made small modifications for your benefit. Our most recent addition is our Newsletter Archive. We hope that this monthly newsletter has provided important up-to-date information about gastroenterology and Digestive Health Specialists, PA. If you ever want or need to refer back to past editions, now you can, in our archive.

Dehydration: It's not just a water thing

Summer has officially arrived and with it, all the fun outdoor activities that can only be enjoyed when the day is hot. But when planning outdoor activities, there are a few things we should take into consideration; the hotter the day, the more likely dehydration can set in. Did you know that dehydration

can wreak havoc on your digestive system?

One thing that can help us plan accordingly is taking the practical tips Dr. Rajan provides in the July blog titled "**Avoid Dehydration This Summer: Your Digestive Tract Will Thank You!**"

In this blog, Dr. Rajan tackles first the health issues

that can result from dehydration and then, the practical steps we can take to ensure our families stay healthy and safe this summer season.

Click on the link to read more:

[Avoid Dehydration This Summer: Your Digestive Tract Will Thank You!](#)

Digestive

Health Specialists, P.A.

Caring for You, Close to Home.

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 Colon Cancer Prevention Center

We see clinic patients and perform procedures in all our locations – all GI services in one place, no traveling needed for our patients!

We perform the following procedures in our procedure centers:

- Colonoscopy
- Endoscopy
- Flexible Sigmoidoscopy
- Push Enteroscopy
- Wireless Capsule Endoscopy

Our clinics treat the following conditions:

- Acid Reflux
- Barrett's Esophagus
- Celiac Disease
- Colorectal Cancer
- Constipation
- Crohn's Disease
- Diarrhea
- GERD
- Hemorrhoid/Hemorrhoid Bandings
- Hepatitis
- Irritable Bowel Syndrome
- Liver Cirrhosis
- Ulcerative Colitis
- And More

DHS will be closed on both July 4th and July 5th.

To thank our staff and show how much we appreciate their work, Digestive Health Specialists, PA will be closed on Thursday, July 4th and Friday, July 5th.

Thank you for your understanding and we hope this does not cause any inconvenience!

Now accepting CareCredit online

For the convenience of our patients, Digestive Health Specialists, PA now accepts CareCredit online. Visit the CareCredit page on our website for more information on this service: <https://digestivehealth.ws/carecredit/>

Provider July Anniversaries!

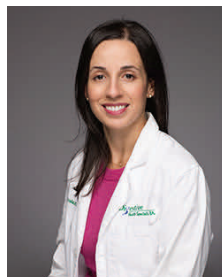
We celebrate our providers for their many years of service to Digestive Health Specialists, PA.



Dr. Sears
23 YEARS



Dr. Netherland
10 YEARS



Dr. Gonzalez
7 YEARS



Dr. Gillis
5 YEARS



Dr. Rajan
3 YEARS



Spencer Martin, PA-C
1 YEAR