

Patient Information and Instructions
PillCam Small Bowel Capsule Endoscopy with SensorArray

Patient: _____

Examination Date: _____

To ensure the best results for your PillCam Capsule endoscopy of the small bowel, follow your physician's instructions carefully and completely.

4 days prior to your capsule endoscopy stop all iron and iron supplements.

On the day before your capsule endoscopy:

1. Start the prescribed liquid diet after lunch.
2. 10 hours before your capsule endoscopy; Do not eat or drink except for necessary medications with a sip of water.

On the Day of your capsule endoscopy:

1. Do not take any medication 2 hours before having the exam.
2. Do not apply body lotion or powder to your abdomen.
3. Wear loose fitting, two-piece clothing. Your upper clothing should be opaque, not sheer.
4. Arrive for your appointment at the scheduled time: _____

After swallowing the PillCam SB Capsule

The capsule endoscopy procedure will last approximately 8-9 hours. Contact your doctor's office immediately if you suffer from any abdominal pain, nausea or vomiting during the procedure.

1. You may drink colorless liquids (see examples on page 2) starting 2 hours after swallowing the PillCam SB capsule.
2. You may have a light snack (see example on page 2) 4 hours after ingestion. After the examination is completed you may return to your normal diet.
3. Check the blue flashing DataRecorder light every 15 minutes to be sure it is blinking twice per second. If it stops blinking or changes color, note the time and contact your doctor.
4. Avoid strong electromagnetic fields such as MRI devices or ham radios after swallowing the capsule and until you pass it in a bowel movement.
5. Do not disconnect the equipment or completely remove the DataRecorder at any time during the procedure.
6. Treat the DataRecorder carefully. Avoid sudden movements and banging the DataRecorder.
7. Avoid direct exposure to bright sunlight.

Patient Information and Instructions
PillCam Small Bowel Capsule Endoscopy with SensorArray

Clear Liquid Diet Examples:

Black Coffee (non-dairy creamer ok)	Jell-O (NO fruit added & NO red Jell-o)
Water	Bouillon (Chicken or Beef)
7-up	Cranberry Juice
Apple Juice	Popsicles (NO red)
Tea	Coke
Sprite	Pepsi
Ginger Ale	Gatorade
Mt Dew	Dr Pepper

Light Snack Examples:

Soup	Cereal
1/2 Sandwich	Salad
Eggs	Potatoes
Toast	Rice