

# GIVENS CAPSULE

Day before \_\_\_\_\_

**Regular diet until 12 noon**

**After 12 noon, clear liquids\***

**No smoking 24 hours prior to capsule**

**Nothing to eat or drink after midnight**

**(Except meds with sip of water)**

**Male patients- shave (hairy) abdomen 6 inches above and 6 inches below navel**

Day of \_\_\_\_\_

**No meds for 2 hours prior to appt**

**After capsule ingestion:**

**Nothing for 2 hours**

**Clear liquids after 2 hours\***

**Light snack after 4 hours\*\***

**Regular diet after 8 hours**

## **\*Clear liquid diet**

**Black Coffee (Non-dairy creamer ok)**

**Water**

**7-UP**

**Apple Juice**

**Tea**

**Sprite**

**Ginger Ale**

**Mt Dew**

**Jell-O (NO fruit & NO red)**

**Bouillon (Chicken or Beef)**

**Cranberry Juice**

**Popsicle's (NO red)**

**Coke**

**Pepsi**

**Gatorade**

**Dr Pepper**

## **\*\*Light Snack**

**Soup**

**Cereal**

**1/2 Sandwich**

**Salad**

**Eggs**

**Potatoes**

**Toast**

**Rice**